* The NHS patient information leaflet Temporomandibular disorder.

o The British Association of Oral Surgeons leaflet Temporomandibular (jaw) joint problems.

o The Orofacial Pain Project, which is a non-profit organisation that provides education resources for people with chronic pain in the head, face, and mouth. It has a patient leaflet Temporomandibular disorders and website (available at www.orofacialpain.org.uk).